



مترجم: سیما میدانی

Ancient sports past to present

Hosein Jafarnejad
The manager of Moham-madrasoololah Zorkhane in Imamshahr

Despite the ancient sport's age. It still has its own attractiveness for the people and the new and old generations, and its signs can be found in the statistics of the number of Zorkhanehs and the number of active members, for example, the youngest Murshid in Iran is ۶ years old. The absence of physical injury and the guarantee of health in ancient sports are due to the fact that the athlete exercises in the weight room with an overload that is proportional to her body weight, therefore, there are people who come to Zorkhane at the age of ۸۵ to ۹۰ and do ancient sports.

Yazd, the capital of purebred Arab horses

Raha Salari
Responsible for horse tourism committee

There is a lady in Iran's horse riding, whom many people remember well, Mary (Leili) Mrs. Gharegoozloo, Wife of Majid Khan Bakhtiari, The mother of genuine horse breeders in Iran. Her husband was one of the Bakhtiari Khans who had met while riding horses. Meri, who has a footprint in many horse riding events in Iran, during her trips to different cities in Yazd, left a legendary horse named Barfin as a memory and this becomes a spark for the Yazidi people, who are good in economics, to enter the field of horse breeding.

Sports for the disabled need an equipped place

Kazem Hoseini
The secretary of the veterans and disabled sport board of the province

Although there are approvals in various issues, especially in the discussion of sports for the disabled and veterans, but the executive bodies do not have the necessary cooperation to implement them. Veterans and disabled people need exercise and mobility. This group should exercise according to their special conditions, and if this is not done, they will face problems over time. This group has special physical conditions and they need a well-equipped and independent gym because not all gyms are suitable for them and they cannot use it properly. The transportation of these people to sports venues for competitions and training is expensive, and we need financial support from well-wishers to create a suitable environment.

Officials do not prevent

Mohammad Bahrami
Chairman of Yazd Province Rowing Board

The lakes of Bozor Shahr Park, Kouhistan Park and Shohada Park in Yazd city and fish breeding ponds in Bafq city are among the most important water potentials of the province. This field is highly welcomed by women and has excellent talents, but we have resistance forces that prevent women's activities. Unfortunately, the officials of city and provincial organizations do not support this sport

Don't lose weight with TRX

Shima Hedayati
A member of the Sport Corrective Movements Committee of Yazd

Some people may think that TRX is a suitable option for weight loss, while this exercise is not suitable for obese people. In fact, until the person has not lowered his weight, he should not go for this sport. Even after losing weight through diet, one should first do aerobic exercise such as walking, running, cycling and swimming and get fit, then choose TRX as exercise.

Motorcycling, a discipline that is not yet recognized

Hadi Abooyi
Representative of Soshian motorcycle factory in Yazd

In Iran and Yazd Province, there is a motorcycle riding team. All motorcycles are sports and documented, which means that they have been legally entered the country and customs duties have been paid and cleared. All the rules and required legal procedures have been applied in this factory, however, we see that they do not look at this field from the eyes of sports. If a sport is not given attention and support with this level of interest, naturally, these emotions will be discharged in the form of abnormality and with noise pollution in the alleys and streets where there is no heavy motor traffic.

